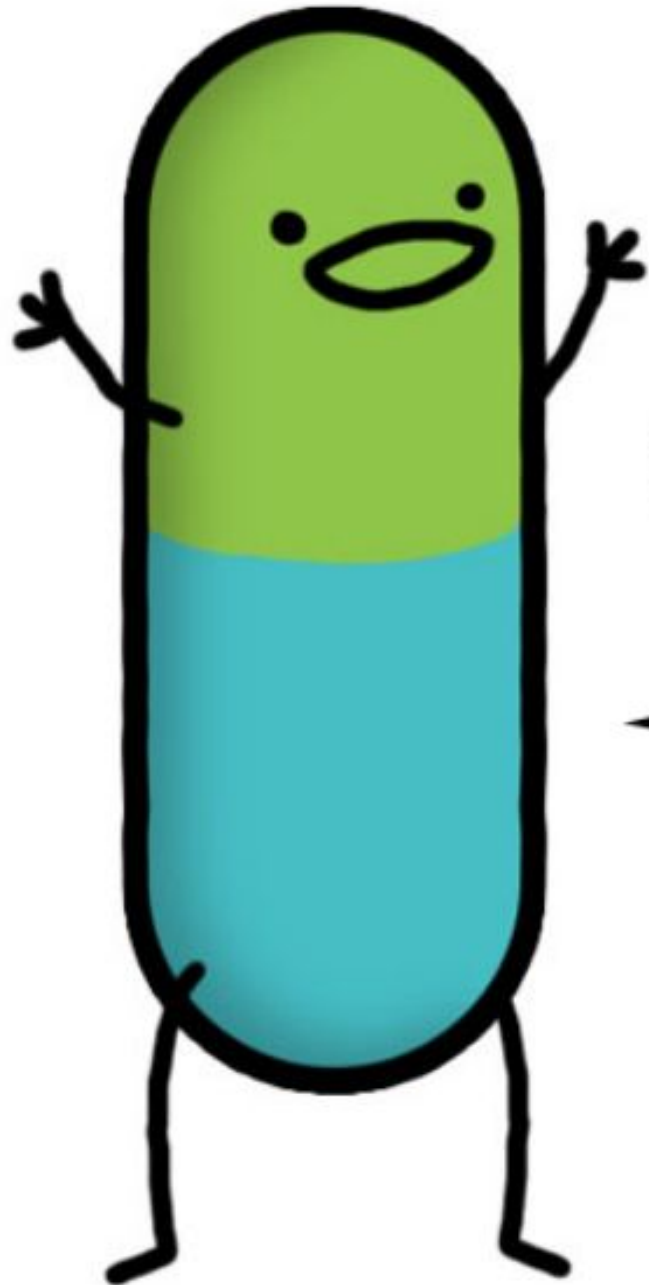




HIV Medication Side Effects



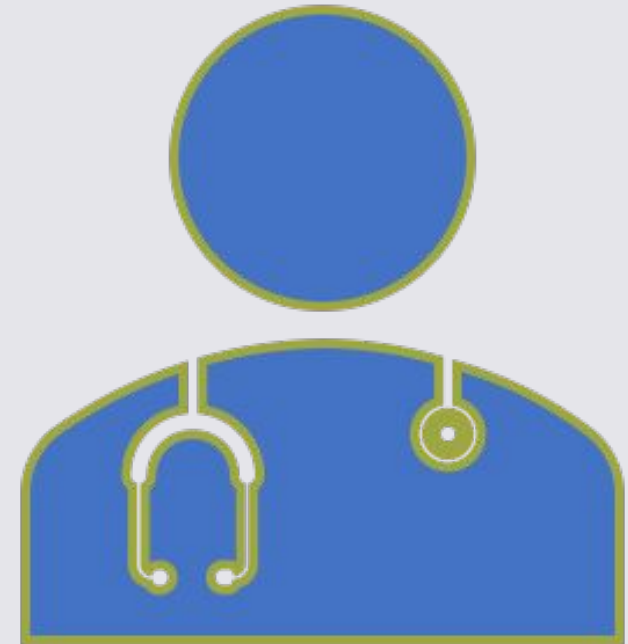
**Side effects
*Included***



As stated by the National Institutes of Health (NIH), HIV medications can cause few side effects that are manageable. They have provided the ways to approach HIV medication and its side effects.

1. Talk to your physician about the possible side effects of the HIV medication that is prescribed to you.

There are numerous HIV medications, and each may cause different side effects. Your health care provider can inform you on the side effects specific to your medication.



2. Communicate with your doctor about any other medications you may be taking.

There can be negative drug interactions with HIV medications. Taking other medications or having a medical condition allows a higher risk for side effects.



3. Discuss any developed side effects with your physician.

Symptoms can include nausea, fatigue, insomnia. If any of these side effects are bothersome or worsen, your physician will be able to provide alternatives. There are many HIV medicines that are readily available and your physician will be able to prescribe according to your personal needs.



4. Do not abruptly stop taking or skipping your HIV medications.

If the side effects of the medications are interfering with your daily life, discuss it with your healthcare provider.





Importance

Overall, HIV medication is vital in helping individuals living and aging with HIV as it will allow them to live longer, healthier lives. Although there may be some side effects, it is important to note that side effects of the medication should not be worrisome as the benefits of the medication are more crucial.



References

<https://aidsinfo.nih.gov/understanding-hiv-aids/fact-sheets/22/63/hiv-medicines-and-side-effects>