

## WHAT IS ANTIRETROVIRAL TREATMENT? (ART)



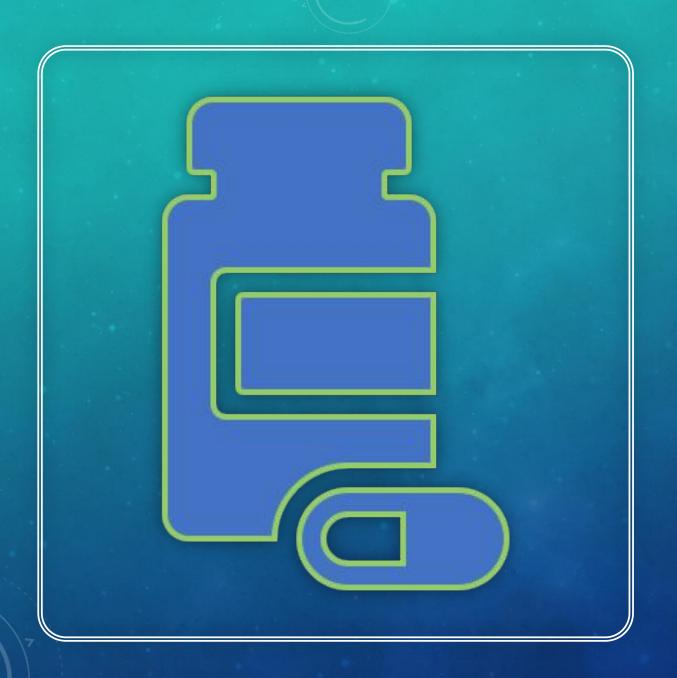
Antiretroviral treatment
(ART) is intended to
improve the quality of
life, by using
antiretroviral treatment,
you are reducing the risk
for developing other
kinds of illnesses.



The reason why individuals are prescribed ART is because HIV attacks the body's immune system, making it weaker, which makes it harder for the body to fight off infections.



ART basically stops HIV from multiplying, the less HIV is present in a body, the easier the body can recover from infections.



## PRESCRIPTION MEDICATION DON'TS:

- One may use prescription medication incorrectly if they do so in a way that is not intended by the doctor.
- This can be done in many ways, such as taking another individual's prescription painkiller for a muscle ache, or injecting pills to become intoxicated.
- It is important to note the symptoms, causes, and ways to prevent abuse of prescription medication due to the fact that it could become ongoing and impulsive.

## ARE YOU USING PRESCRIBED MEDICATION CORRECTLY?

Make Sure	Make sure you are getting the right medication
Check in	<b>Check in</b> with your doctor to confirm you are taking the correct dosage
Follow	Follow directions carefully
Understand	Understand what exactly your medication does
Avoid	Avoid using another individual's prescription medication

## References

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4250322/

https://www.mayoclinic.org/diseases-conditions/prescription-drug-abuse/symptoms-causes/syc-20376813