

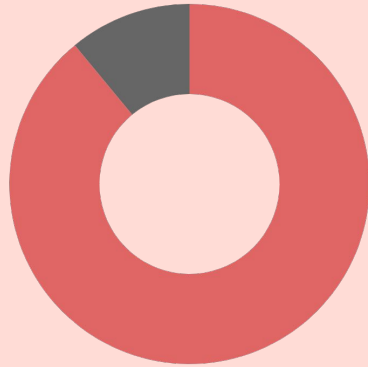
SYMPTOMS OF HIV SPECIFIC TO WOMEN

Created by UCR HIV & Aging Research Team



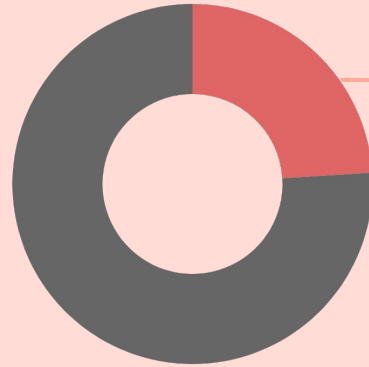
SEXUAL BEHAVIORS AMONG HETEROSEXUAL WOMEN IN 23 CITIES, 2019

HIV can be transmitted through vaginal or anal sex without a condom



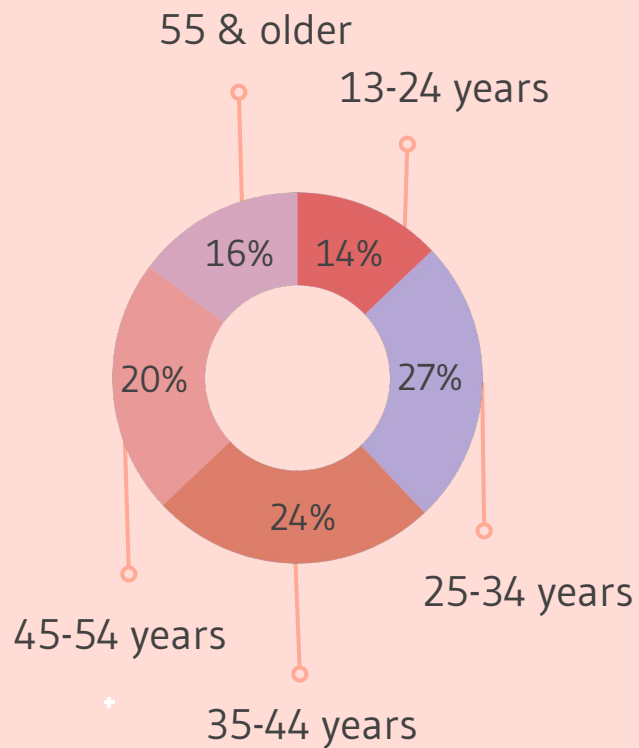
89% of women reported of having sex without a condom in the past 12 months

Anal sex is the riskiest type of sex for getting HIV

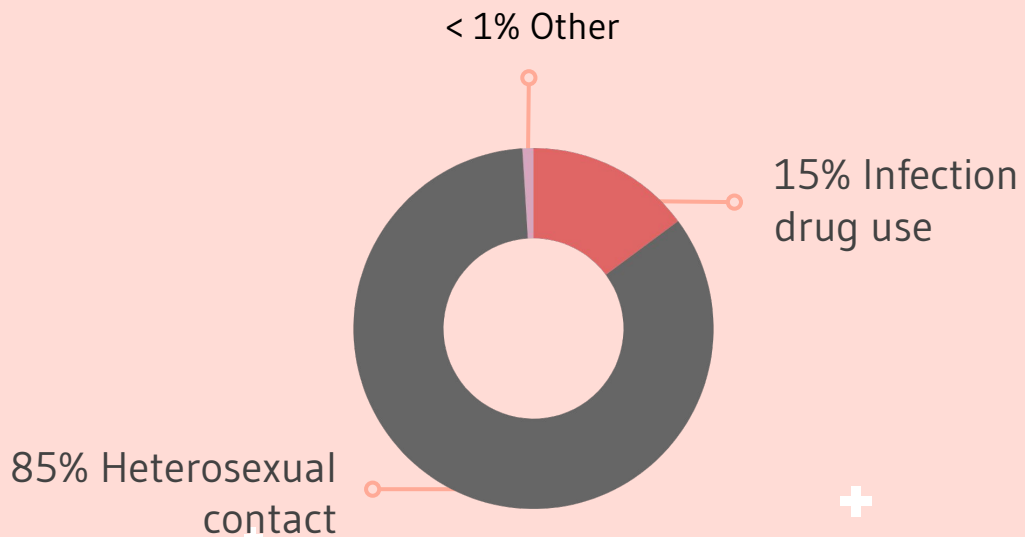


24% of women reported having anal sex without a condom in the past 12 months

HIV Transmission Among Women and Girls by Age

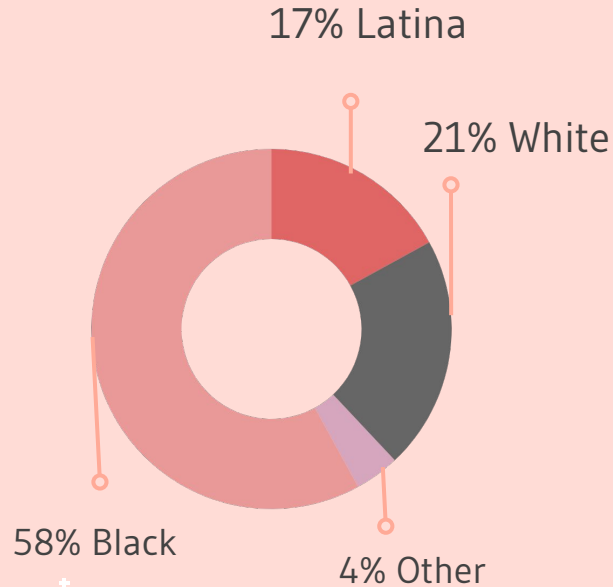


HIV Transmission Among Women and Girls by Transmission Category

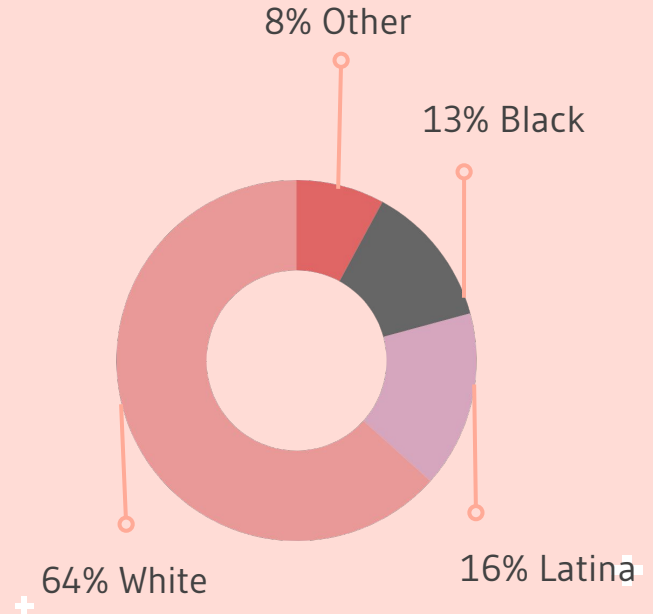


HIV DIAGNOSIS AMONG WOMEN & GIRLS AND U.S. FEMALE POPULATION, BY ETHNICITY/RACE, 2019

HIV Diagnosis Among Women & Girls



U.S. Female Population



Most symptoms of HIV/AIDS are the same in men and women. However, there are some that are specific to women such as:

01

VAGINAL YEAST INFECTION

02

PELVIC INFLAMMATORY DISEASE

03

HUMAN PAPILLOMAVIRUS INFECTION (HPV)




01

VAGINAL YEAST INFECTION

A fungal infection that causes irritation and intense
itchiness in the vagina or vulva

VAGINAL YEAST INFECTION

- Can be a **chronic infection** which means that it can be long lasting or constantly recurring
- A yeast infection can cause the following symptoms:
 - vaginal itching or burning
 - redness and swelling of the vulva
 - a thick, white vaginal discharge
 - a burning sensation while urinating
 - pain during intercourse
- HIV-positive individuals tend to get more severe infections often and may have more difficulty getting rid of them due to their compromised immune system



02

PELVIC INFLAMMATORY DISEASE

An infection of reproductive organs that occurs when sexually transmitted bacteria spread from the vagina to the womb (uterus), fallopian tubes, or ovaries

PELVIC INFLAMMATORY DISEASE

- There is **no specific test** for PID. A diagnosis is usually based on a combination of your medical history, physical exam, and blood/urine test results
- Symptoms include:
 - Pain in your lower abdomen
 - Fever
 - An unusual discharge with a bad odor from your vagina
 - Pain and/or bleeding when you have sex
 - Burning sensation when you urinate
 - Bleeding between periods
- If PID is diagnosed early, it can be treated
 - Treatment won't undo any damage that has already happened to your reproductive system
- The longer you wait to get treated, the more likely it is that you will have complications from PID



03

HUMAN PAPILLOMAVIRUS INFECTION (HPV)

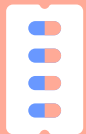
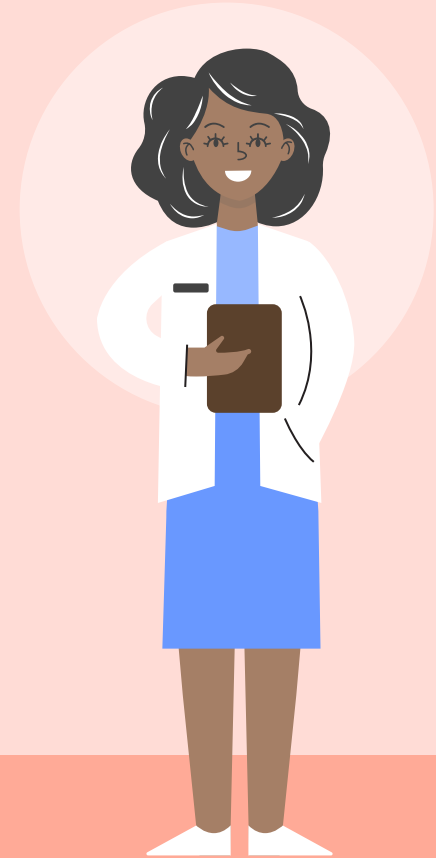
+ The most common sexually transmitted infection that causes several cancers and warts in various parts of the body

HUMAN PAPILLOMAVIRUS INFECTION (HPV)

- The most common sexually transmitted infection (STI)
- Most HPV infections go away by themselves within 2 years however some last longer and can lead to cancers
- HPV is also highly prevalent with HIV among men
- Individuals with HIV need to get regular Pap tests to monitor cervical cells
- Can lead to some cancers such as **cervical cancer, vulvar cancer, anal cancer, and oral cancer**
 - Individuals with HIV have a higher risk of cervical cancer
 - Cervical cancer is a cancer of the cervix which is the lower, narrow part of the uterus (the womb)
 - Cervical cancer is an **AIDS-defining cancer**
 - A diagnosis of cervical cancer marks the point at which the HIV infection has progressed to **AIDS**

TREATMENT OPTIONS +

This resource does not substitute for medical advice from a healthcare provider. If you are experiencing any of these symptoms, please contact your healthcare provider and get help immediately.



CONTACT US!

Do you have any questions? You can reach us at:

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